

Population and age profile data sheet – July 2026

Summary – According to the 2025 mid-year population estimate, Rushmoor has a population of 106,190. Rushmoor has a younger age profile than the average for both Hampshire and England.

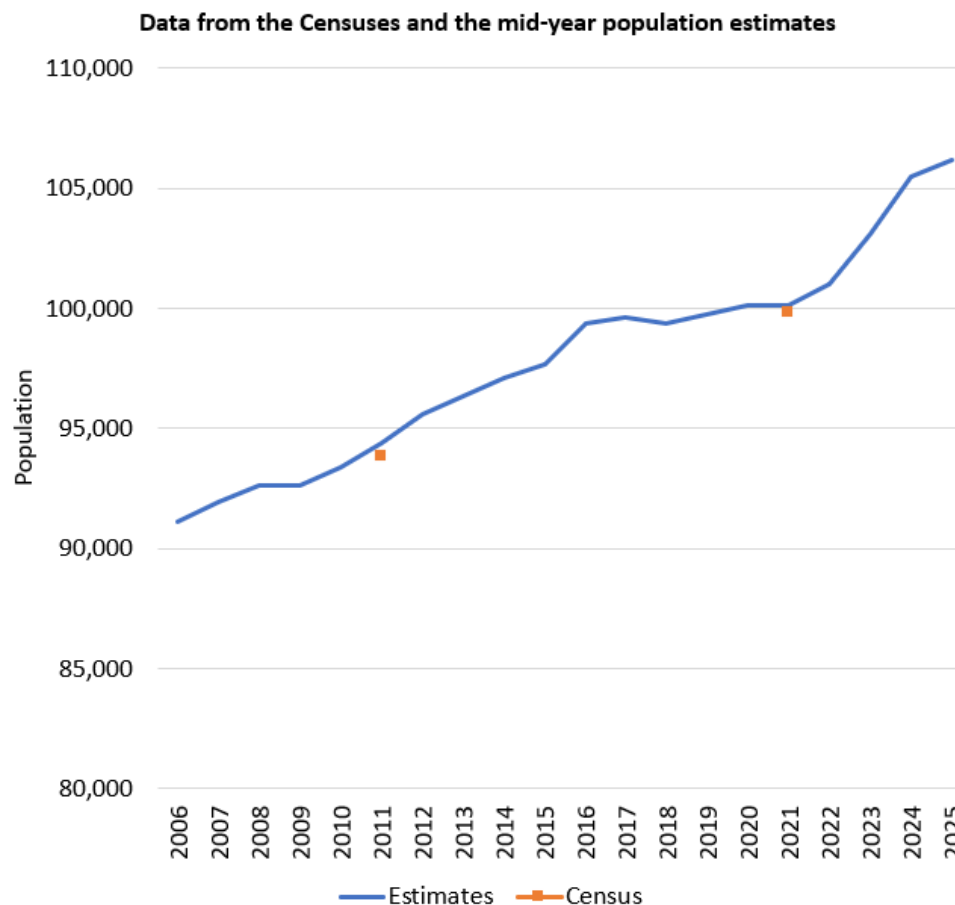
Mid-year population estimates

The 2025 mid-year population estimate for Rushmoor from the Office for National Statistics (ONS) is 106,190. The mid-year population figure is data at a local authority area level, for smaller areas such as towns and wards there is data from the 2021 Census.

([Estimates of the population for England and Wales - Office for National Statistics \(ons.gov.uk\)](https://ons.gov.uk))

Census and mid-year population estimates

The population of Rushmoor in 2024 was 105,440 this increased by 07% to 106,190 in 2025. The population of Rushmoor has increased 6.8% in the past 10 years (2016-2025), and 16.6% in the past 20 years (2006 to 2026).



(Source: ONS mid year population estimates [Estimates of the population for England and Wales - Office for National Statistics \(ons.gov.uk\)](https://ons.gov.uk))

Population in wards

The following table shows the population estimates in wards from the 2021 Census.

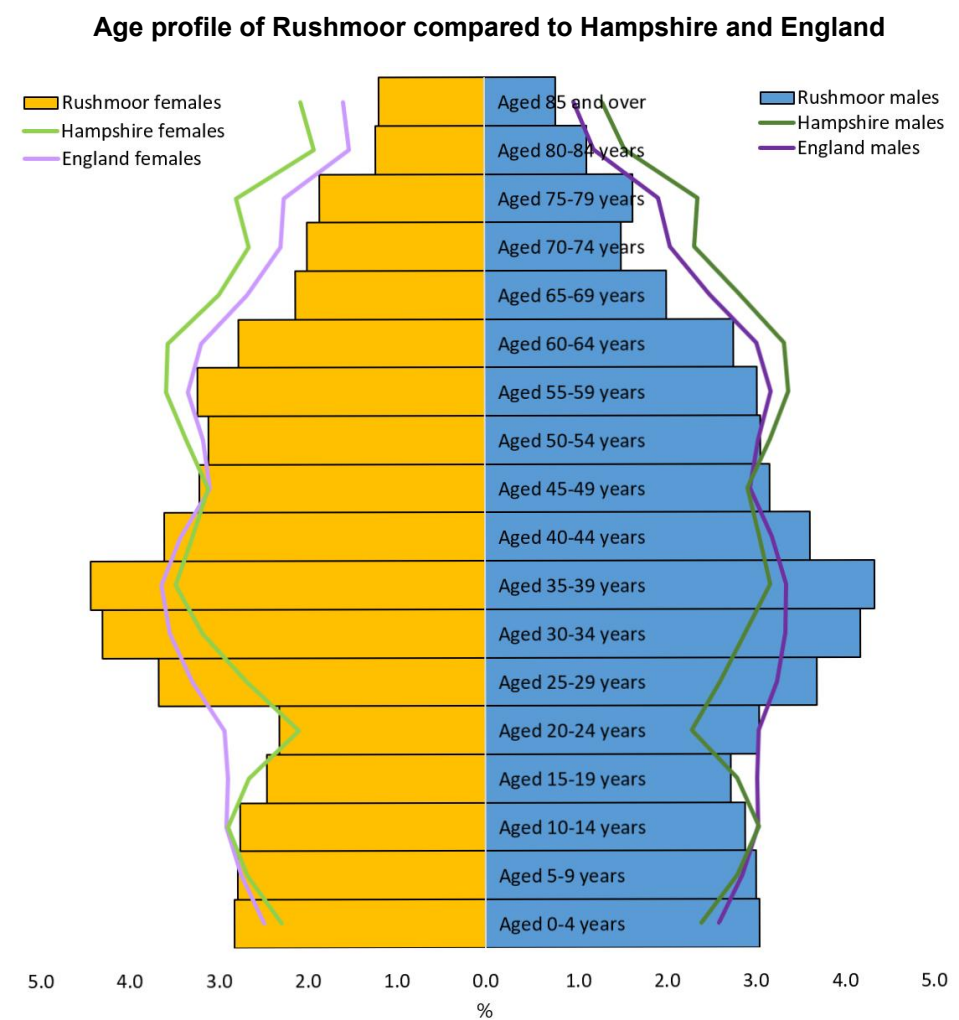
Population 2021 Census (rounded)	Population
Aldershot Park	8,030
Cherrywood	8,490
Cove and Southwood	7,350
Empress	6,570
Fernhill	7,020
Knellwood	7,430
Manor Park	8,880
North Town	7,220
Rowhill	7,260
St John's	7,060
St Mark's	8,500
Wellington	8,770
West Heath	7,150
Total	99,800
Total for Aldershot wards	40,160
Total for Farnborough wards	59,580

Population density

The 2025 mid-year population estimate shows the population density of Rushmoor to be 2,719 people per sq. km. As Rushmoor is a largely an urban area this high population density is to be expected. The population density of Hampshire 395 people per sq. km, the South East was 508 people per sq. km and in England was 451 people per sq. km.

Age profile

The population pyramid below shows the age profile of Rushmoor in comparison with both the national and Hampshire averages, from the 2025 mid-year population estimates.



The population pyramid shows that the Borough has a younger population than both Hampshire and England. 66.4% of Rushmoor's population is under 50, compared to 56.7% in Hampshire and 61.9% in England. This may be due to the transient nature of the army population, where young people move in and out of the Borough.

Females and males

According to the 2025 mid-year population estimates, most local authority areas have more females than males but in Rushmoor 49.9% of the population are female and 50.1% of the population are male.

Median age

The 2025 mid-year population estimates show that Rushmoor has a median age of 38.4 years, this compares to 44.6 years for Hampshire, the South East 42.2 years and 40.6 years for England.

Ageing population

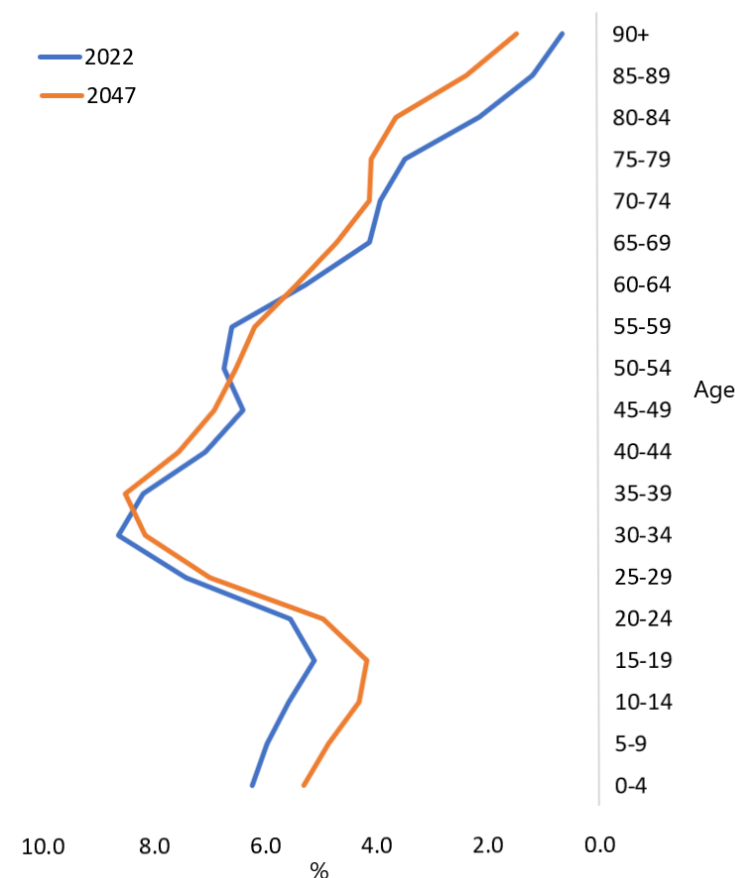
The Office for National Statistics produces Sub-National Population Projections. The current 2022 figures project the population to 2047. The projections are not forecasts and do not take any account of future government policies, changing economic circumstances or the capacity of an area to accommodate the change in population.

The projection shows that in 2022 15.4% of the population of Rushmoor is over 65 (15,520 people), this is projected to rise to 20.3% by 2047 (21,260 people). This compares to 18.6% of England's and 22.1% of Hampshire's population being over 65 in 2022 this is projected to rise to 22.9% in England and 27.7% in Hampshire by 2047.

This data would suggest that although Rushmoor has a younger population at the moment it will age to be closer to the average for England by 2047, but Rushmoor will still be a younger population than Hampshire.

The following chart shows the percentage of people in each age group of the population in 2022 compared with the projected population in 2047.

Change in Rushmoor's population projection age profile between 2022 and 2047



(Source: ONS Sub-nation population projects [Population projections for local authorities: Table 2 - Office for National Statistics](#))